

September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recitation of the Rosary Every Night at 5:00 pm in the Chapel	Catholic Mass Monday Through Wednesday 12:00 pm – Chapel Thursday Mass for Assisted Living only Sunday Mass 10:30 am - A		1 10:00 am Rook - L 11:00 am BH Tech Class - AR 1:00 pm Bridge - CR 1:30 pm Mah Jongg – CR 2:30 pm Poker – BL 3:45 pm Villagers Show-A “A Good Old Gospel Revival” 5:00 pm Happy Hour/Judy – Bistro 7:30 pm Sequence Game - A	2 10:00 am *Bus tour w/Jim Howe Marietta, Kennesaw, & Acworth Lunch at Marietta Diner 2:30 pm Poker - BL 7:00 pm Rummikub – L	3 1:30 pm Mah Jongg – CR 2:00 pm Hampton/Terrell Jazz Duo-A 2:30 pm Poker – BL 7:00 pm Movie Night – A “Dead Poets Society”	4 1:00 pm Bridge – Card Room 2:00 pm Knit Wits - FL
5 10:30 am Catholic Mass - A 6:00 pm Putting Contest – PG	6 1:00 pm Men's Bridge - L 1:30 pm Mah Jongg – CR 1:30 pm Art Class w/ Tammy - AR 2:30 pm Poker – BL 7:00 pm Mexican Train Game-A	7 10:00 am Hand & Foot - L 10:30 am Rosary Makers – CR 10:30am Audiologist Dr.Smith-L 1:00 pm Bridge - CR 1:30 pm Canasta – L 2:00 pm Parrot Productions-A 2:30 pm Poker – BL 3:00 pm Men's Bible Study – AR 6:30 pm Hand & Foot - L	8 10:00 am Rook - L 11:00 am BH Tech Class - AR 11:30 am *Ladies lunch “Olive Garden” 1:00 pm Bridge - CR 1:30 pm Mah Jongg – CR 2:30 pm Poker – BL 3:00 pm Brain Games - AR 5:00 pm Happy Hour – Bistro 7:30 pm Sequence Game - A	9 9:30 am *Shopping at N. Ga. Outlet Mall 2:30 pm Poker – BL 7:00 pm Rummikub – L	10 1:30 pm Mah Jongg – CR 2:00 pm Audiologist Dr. Kelli Smith-A “Bringing Back the House call with Audiology on Call 2:30 pm Poker – BL 7:00 pm Movie Night – A “News of the World”	11 1:00 pm Bridge – Card Room 2:00 pm Knit Wits - FL
12 10:30 am Catholic Mass - A 6:00 pm Putting Contest - PG 6:00 pm Informal Writing Group - Hosts Mary Jo & Ward Winer - AR	13 1:00 pm Men's Bridge - L 1:30 pm Mah Jongg – CR 1:30 pm Art Class w/ Tammy - AR 2:30 pm Poker – BL 3:30 pm Ladies Bible Study-AR 7:00 pm Mexican Train Game-A	14 10:00 am Hand & Foot - L 10:30 am Rosary Makers - CR 1:00 pm Bridge - CR 1:30 pm Canasta – L 2:00 pm Christian Worship - A 2:30 pm Poker – BL 3:00 pm Men's Bible Study – AR 4:00 pm News w/Don Jordan-A 6:30 pm Hand & Foot - L 7:30 pm Book Club-AR	15 10:00 am Rook – L 10:00 am Presbyterian Service-C 11:00 am BH Tech Class - AR 1:00 pm Bridge - CR 1:30 pm Mah Jongg – CR 2:30 pm Poker – BL 3:00 pm Brain Games - AR 5:00 pm Happy Hour – Bistro 7:30 pm Sequence Game - A	16 9:30 am *High Museum Lunch at Red Lobster 10:00 am Catholic Bible Study with Deacon Bickerstaff-A 2:30 pm Poker - BL 7:00 pm Rummikub - L	17 1:30 pm Mah Jongg – CR 2:00 pm “Health Monitoring”-A with Katie Jones 2:30 pm Poker – BL 7:00 pm Movie Night – A “Prince of Tides”	18 1:00 pm Bridge – Card Room 2:00 pm Knit Wits - FL
19 10:30 am Catholic Mass - A 6:00 pm Putting Contest - PG	20 1:00 pm Men's Bridge - L 1:30 pm Mah Jongg – CR 1:30 pm Art Class w/ Tammy - AR 2:30 pm Poker - BL 7:00 pm Mexican Train Game-A	21 10:00 am Hand & Foot - L 10:30 am Rosary Makers - CR 1:00 pm Bridge - CR 1:30 pm Canasta – L 2:30 pm Poker – BL 3:00 pm Men's Bible Study – AR 6:30 pm Hand & Foot - L	22 10:00 am Rook – L 11:30 am *Men's Lunch “Olive Garden” 11:00 am BH Tech Class - AR 1:00 pm Bridge - CR 1:30 pm Mah Jongg – CR 2:30 pm Poker – BL 3:00 pm Brain Games - AR 5:00 pm Happy Hour/Judy – Bistro 7:30 pm Sequence Game - A	23 9:15 am *Tellus Museum Lunch at Appalachian Grill 10:00 am Catholic Bible Study with Deacon Bickerstaff-A 2:30 pm Poker - BL 4:00 pm Town Hall - A 7:00 pm Rummikub - L	24 1:30 pm Mah Jongg – CR 2:00 pm “Defining Terms of Advanced Care Planning”- A with Hurley Elder Care Law 2:30 pm Poker – BL 7:00 pm Movie Night – A “Bella”	25 1:00 pm Bridge – Card Room 2:00 pm Knit Wits - FL
26 10:30 am Catholic Mass - A 6:00 pm Putting Contest - PG 6:00 pm Informal Writing Group - Hosts Mary Jo & Ward Winer - AR	27 1:00 pm Men's Bridge - L 1:30 pm Mah Jongg – CR 1:30 pm Art Class w/ Tammy - AR 2:30 pm Poker – BL 7:00 pm Mexican Train Game-A	28 10:00 am Hand & Foot - L 10:30 am Rosary Makers - CR 1:00 pm Bridge - CR 1:30 pm Canasta – L 2:00 pm Christian Worship - A 2:30 pm Poker – BL 3:00 pm Men's Bible Study – AR 6:30 pm Hand & Foot - L	29 10:00 am Rook - L 11:00 am BH Tech Class - AR 1:00 pm Bridge - CR 1:30 pm Mah Jongg – CR 2:30 pm Poker – BL 4:30 pm Art Reception-B w/harpist Nancy Addison 5:00 pm Happy Hour – Bistro 7:30 pm Sequence Game - A	30 10:00 am Catholic Bible Study with Deacon Bickerstaff-A 2:30 pm Poker - BL 4:30 pm *Supper Club “Cabernet Steakhouse” 7:00 pm Rummikub – L	2:00 pm Ladies Billiards Every Tuesday & Friday Men's Billiards every Monday & Wednesday 2:00 North Village Lobby	Activity Room – AR Auditorium – A Bistro – B Card Room – CR Chapel – C Library – L Private Dining Room – PDR Putting Green – PG Front Lobby - FL

Wellness Calendar September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 9:30 Exercise-A w/ Jane Myers 2:00 Ai Chi-Pool w/Jane Myers	3 8:30 Water Aerobics – P w/Nancy Jern 9:15 Gentle Yoga w/Nancy Jern - A 10:30 Exercise A w/ Maribel Burke	1 9:30 Exercise & Balance-A w/Jane Myers	2 8:30 Aquatic Balance - P w/ Jane Myers 9:15 Tai Chi - A Balance w/ Brian 10:30 Stretch - A Pilates w/Brian	3 9:15 Standing & Sitting Tai Chi w/Brian – A 10:30 Exercise -A w/Maribel Burke	4 8:30 Water Aerobics w/Nancy Jern
5	6 9:30 Exercise-A w/ Jane Myers 2:00 Ai Chi-Pool w/Jane Myers	7 8:30 Water Aerobics – P w/Nancy Jern 9:15 Gentle Yoga w/Nancy Jern - A 10:30 Exercise A w/ Maribel Burke	8 9:30 Exercise & Balance -A w/Jane Myers 1:30 Line Dance-A w/Nancy Anthony	9 8:30 Aquatic Balance - P w/ Jane Myers 9:15 Tai Chi - A Balance w/ Brian 10:30 Stretch - A Pilates w/Brian	10 9:15 Standing & Sitting Tai Chi w/Brian – A 10:30 Exercise -A w/Maribel Burke	11 8:30 Water Aerobics w/Nancy Jern
12	13 9:30 Exercise-A w/ Jane Myers 2:00 Ai Chi-Pool w/Jane Myers	14 8:30 Water Aerobics – P w/Nancy Jern 9:15 Gentle Yoga w/Nancy Jern - A 10:30 Exercise A w/ Maribel Burke	15 9:30 Exercise & Balance -A w/Jane Myers	16 8:30 Aquatic Balance - P w/ Jane Myers 9:15 Tai Chi - A Balance w/ Brian 10:30 Stretch - A Pilates w/Brian	17 9:15 Standing & Sitting Tai Chi w/Brian – A 10:30 Exercise -A w/Maribel Burke	18 8:30 Water Aerobics w/Nancy Jern
19	20 9:30 Exercise-A w/ Jane Myers 2:00 Ai Chi-Pool w/Jane Myers	21 8:30 Water Aerobics – P w/Nancy Jern 9:15 Gentle Yoga w/ Nancy Jern - A 10:30 Exercise A w/Maribel Burke 1:30 Line Dance-A w/Nancy Anthony	22 9:30 Exercise & Balance-A w/Jane Myers 1:30 Line Dance-A w/Nancy Anthony	23 8:30 Aquatic Balance - P w/ Jane Myers 9:15 Tai Chi - A Balance w/ Brian 10:30 Stretch - A Pilates w/Brian	24 9:15 Standing & Sitting Tai Chi w/Brian – A 10:30 Exercise -A w/Maribel Burke	25 8:30 Water Aerobics w/Nancy Jern
26	27 9:30 Exercise w/ Jane Myers 2:00 Ai Chi-Pool w/Jane Myers	28 8:30 Water Aerobics – P w/ Maribel Burke 9:15 Gentle Yoga w/Maribel Burke - A 10:30 Exercise A w/ Maribel Burke	28 9:30 Exercise & Balance -A w/Jane Myers	30 8:30 Aquatic Balance - P w/ Jane Myers 9:15 Tai Chi - A Balance w/ Brian 10:30 Stretch - A Pilates w/Brian		

St. George Highlights

2: Bus Tour with Jim Howe: We will start at the historic Marietta Square and see the park given to the city by the Glover family. Ride by Marietta's ante bellum houses on the way past Kennesaw Mountain and learn the story about this important Civil War battle. We will continue past the Herbert McCollum Regional Airport to downtown Acworth where we will see how the railroad goes right thru the middle of town. Lunch will be at the Marietta Diner. Depart at 10:00am. Sign up required.

8 & 22: Ladies (Men's) lunch at "Olive Garden": Lively, family-friendly chain featuring Italian standards such as pastas & salads. Depart at 11:30am. Sign up required.

9: Shopping at North Georgia Outlet Mall: Our driver will drop you off and pick you up at the same location. You must be able to ambulate safely and independently. We encourage you to shop with a friend. Depart at 9:30am. Sign up required.

16: Picasso Exhibit at High Museum, lunch at Red Lobster. We will revisit the more than one hundred paintings, sculptures, prints, and drawings by Alexander Calder and Pablo Picasso. Also, on exhibit is *Electrifying Design*, which features nearly eighty rare lighting examples from the past one hundred years. Limit 6. at \$13.00 billed to you and non-refundable. Lunch at Red Lobster. Depart at 9:30 am. Sign up required.

23: Tellus Museum, Lunch at Appalachian Grill: Check out the "Jewelry in the Space Age" exhibit which features over 200 pieces of fine and non-precious jewelry from around the world. Visit the "Science Fiction, Science Fact" which explores both our fears and our hopes for the future. Lunch will be at the Appalachian Grill. Cost for museum is \$15. plus tax. Depart at 9:15am. Sign up required.

30: Supper Club: "Cabernet Steakhouse": The best ingredients, simply and respectfully prepared, characterize their steakhouse and seafood selections. The large open dining room features high ceilings, rich woods, warm colors, plush upholstered seating and opens onto an exposed stainless-steel kitchen that displays a flurry of culinary activity. Depart at 4:30pm. Limit is 24. Sign up required.

Transportation Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
North Fulton Hospital Doctors Transportation 8:30 am – 12:30 pm	North Fulton Hospital Doctors Transportation 8:30 am – 1:30 pm	St. Joseph and Northside Hospital Doctors Transportation 8:30 am – 2:30 pm	Thursday Outing See Calendar For more Details.	St. Joseph and Northside Hospital Doctors Transportation 8:30 am – 12:30 pm
Publix, CVS & Target 1:30-3:00pm	Bank of America, Wells Fargo, Kohls, Walgreens Trader Joes 2:00 pm			Kroger, Aldi , Sprouts 1:30 pm